Quality Use of Medicines in Remote Indigenous Communities

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• **Reasonable**: only use medicines after all other options have been considered

• **Appropriate**: the right medicine for the person and their circumstances

• **Safe**: minimise misuse

• **Effective**: use medicine only if it will improve quality of life
Key Principles

- **Remember** to take medications
- **Suitability** of medications
- **Access** to regular collection of medicines
- **Education**
• Select medication **suitable** for the person and the environment
• Consider specific **storage** conditions
• Access to Medication **Reviews**
• Right medication **profile**
Access to Medications

- S100 arrangements
- Collecting the pack
- Packs ready for collection
- Opportunity to speak to health care workers
Benefits of Quality Use of Medicines

• Improved adherence
• Medicines clearly labelled
• Accurate recording of medicines dispensed
• Improved stock management – reduced out of stock
Education and Access to Resources

- Consumers, Family and Community
  - Development of specific resources
  - Interactive peer group education
- Aboriginal Health Care Workers
- Health Professionals
  - Improved prescribing patterns via outreach education
Hey good news - we can now give you the medicine for no cost!

Even if you pay me, I am not going to take it until you tell me what it'll do to me!!