Yarning as a health research method

Authors:
• Chontel Gibson, Indigenous Academic Fellow
  Charles Sturt University
• Michael Curtin, Associate Professor Occupational Therapy
  Charles Sturt University
• Pat Dudgeon, Professor and Research Fellow
  The University of Western Australia
Context

Listening to the voices of older Aboriginal people in relation to social and emotional wellbeing
Yarning

Yarning provides a voice for people, culture, place, experiences and knowledge.
Yarning in research practice

Types of research yarning include: social, research, therapeutic, collaborative, family & cross-cultural
Yarning in research ethics and values

- Spirit & Integrity
- Reciprocity
- Respect
- Equality
- Responsibility
- Survival & protection
Yarning as a health research method

In research, yarning distinguishes the relational aspects to privilege Aboriginal voices, and does so in a manner that makes sense.
Yarning is a suitable and responsive research method for older Aboriginal peoples in social and emotional well being.