



Physical Activity Leader Job Description

Background

The Go4Fun Program is an evidence-based child obesity prevention and treatment program. The Go4Fun Program has been developed to be run in a community settings by multidisciplinary professionals from varied backgrounds. Successful candidates will receive comprehensive training to run the Go4Fun Program and the full use of a Go4Fun kit that contains all training manuals and resources needed to deliver the 10 session program.

This position is envisaged to be an exciting opportunity for an Aboriginal or Torres Strait Islander person with an interest in working with families and child obesity in their community.

Job summary

The Physical Activity Leader's primary responsibility is to successfully deliver the 10 week Go4Fun Program, which includes a pre and post measurement session, physical activity sessions and all associated program activities.

Duties and responsibilities

The Physical Activity Leader will:

- Lead the 8 x 1 hour Go4Fun physical activity sessions for children
- Collect and record participant data at the 2 x 1 hour Measurement sessions (pre and post program)
- Assist the Theory Leader as required to deliver the 8 x 1 hour sessions about Nutrition and Behaviour change
- Attend the 2 hour group rewards following the programs conclusion
- Complete the two day leader training course plus an online learning component before prior to the Go4Fun Program
- Any other tasks or responsibilities outlined by the Program Manager

If you are interested please send your resume and include details on your educational qualifications and any experience that relates to the role : denise.chapman2@health.nsw.gov.au