

# Job Title: Counsellor – Mental Health - Telehealth

- Full time or Part-time options
- Salary: \$38.58AUD Per Hour
- Location: Sydney, CBD, NSW & Melbourne, Carlton, VIC
- Contract: Fixed-Term Contract until 30<sup>th</sup> June 2024 potential extension
- Hours: Full time Monday Friday, 10:00am 18:00pm or 12:00pm 20:00pm
- Hours: Part-time Minimum of 24 hours a week across 3 days 10:00am 14:00pm or 16:00pm – 20:00pm
- Flexible working hybrid ways of working with a minimum 2 days per week in the office for Full Time and 1 day per week for Part Time

### SANE Australia

SANE works to make a real difference for the five million people affected by complex mental health issues nationally. Australians affected by complex mental health issues, experience major barriers in accessing quality, affordable support, and face high levels of stigma and discrimination. SANE is committed to changing this through its digital and phone counselling, peer support services, arts programming and services, and advocacy and research programs.

### **Day-Day Duties:**

SANE's Telehealth and Online Mental Health Counsellors to play a key role, providing a range of support options for people affected by complex mental health issues including their family, friends, and carers.

The Telehealth and Online Mental Health Counselling Team provide support that is trauma informed, person centred and holistic, recovery oriented and culturally competent.

- Work with people with complex mental health issues and their supporters, families, and carers to provide brief counselling and support services utilising evidence informed approaches within your scope of practice.
- Deliver Psychosocial support planning and coordination in a multi session format.
- Provide phone, video, webchat, and email counselling.
- Consistently display and promote high level commitment, integrity, and diligence in all aspects of work and decision-making
- Follow organisational safety, quality & risk policies, and procedures.
- Maintain a safe working environment for yourself, your colleagues, and members of the public.

# **Experience/Qualifications:**

• Registration with one of the following professional bodies: AHPRA-Psychology, PACFA-minimum provisional working toward full registration, ACA-minimum level 2, AASW/AMHSW-Full membership.

- Tertiary qualification in psychology, social work, counselling.
- A minimum of two years relevant mental health work experience post qualification.

All applications can be directed to hr@sane.org and Cc in Jess.hill@sane.org and Siobhan.ogorman@sane.org

**Please note:** all SANE Employees are required to complete safeguarding checks including a National Police Check and Working with Children's Check.

SANE is an equal opportunity employer and prides itself on our diverse and inclusive workforce. We are committed to providing a safe, culturally appropriate, inclusive environment for all people, regardless of their ethnicity, faith, disability, sexuality, or gender identity.

SANE Australia considers that being Aboriginal or a Torres Strait Islander is a genuine occupational requirement for this position under s 42 of the Discrimination Act 1991 (ACT)/ s 14 of the Anti-Discrimination Act 1977 (NSW)/ sub-s 26(3) or s 28 of the Equal Opportunity Act 2010 (Vic)/s.

We offer an additional 5<sup>th</sup> week of wellbeing leave on top of the 4 weeks annual plus 5 days paid Aboriginal cultural leave for NAIDOC, cultural / sorry day etc.

Please reach out if you require reasonable adjustments throughout the recruitment and selection process.

#### No Agencies Please, we've got this one :)